

# September to December 2019

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Breakfast 9.00 - 9.30am	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins
Dinner 11.30am	Chicken & Spinach Curry & Wholemeal Rice	Shepherd's Pie & Mixed Vegetables	Cauliflower & Broccoli Pasta Bake & Crusty Bread	Mexican Chilli Con Carne Hidden Vegetables & Wholemeal Rice	Fisherman's Pie Garden Peas & Sweetcorn	Roast Chicken, Mashed Potato, Mixed Vegetables & Gravy	Spicy Lentil, Root Vegetable & Chickpea Stew & Crusty Bread
Vegetarian Option	Quorn Chicken	Vegetable Hash	As Above	Quorn Mince	Cheesy Vegetable Pie	Quorn Chicken	As Above
Dessert	Peach Crumble & Custard	Fruit Yoghurt	Chocolate Sponge & Chocolate Sauce	Fresh Fruit Platter	Fruit Yoghurt	Angel Delight	Fresh Fruit Platter
Snack 1.30pm	Biscuit Fresh Fruit & Milk	Homemade Gingerbread Fresh Fruit & Milk	Biscuit Fresh Fruit & Milk	Children's choice of baking Fresh Fruit & Milk	Jam Drop Fresh Fruit & Milk	Biscuit Fresh Fruit & Milk	Homemade Cherry Scone Fresh Fruit & Milk
Late Snack 3.30pm	Toasted Crumpets & assorted toppings Fresh Fruit & Milk	Vegetable Soup & Crusty Bread Fresh Fruit & Milk	Freshly made Sandwiches Fresh Fruit & Milk	Warm Crusty Bread & Assorted Toppings Fresh Fruit & Milk	Baked Beans on Toast Fresh Fruit & Milk	Freshly made Sandwiches Fresh Fruit & Milk	Falafel & Pitta Strips with Pepper Sticks & Houmous Fresh Fruit & Milk



Fresh water is freely available throughout the day. Bread and butter is offered as an alternative with all meals

# September to December 2019

	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Breakfast 9.00 - 9.30am	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins	Warm/ Cold Milk & Cereal & Crumpets/ Toast/ Muffins
Dinner 11.30am	Ham & Pea Risotto & Crusty Bread	Tuna Neapolitan Pasta Bake & Garlic Bread	Pork & Leek Casserole & Mashed Potatoes & Broccoli	Mixed Bean & Vegetable Goulash & Cous Cous	Meat & Potato Pie & Mushy Peas	Homemade Turkey Meatballs with Tomato & Veg Spaghetti & Garlic Bread	Salmon & Broccoli Bake & Carrots & Green Beans
Vegetarian Option	Cheesy Pea Risotto	Tomato & Vegetable Pasta	Quorn & Leek Casserole	As Above	Quorn Mince	Quorn Meatballs	Cheesy Broccoli Bake
Dessert	Jam Sponge & Pink Custard	Fruit Yoghurt	Arctic Roll	Fresh Fruit Platter	Yorkshire Parkin Sponge & Custard	Fruit Yoghurt	Creamy Rice Pudding
Snack 1.30pm	Biscuit Fresh Fruit & Milk	Oaty Cookie Fresh Fruit & Milk	Biscuit Fresh Fruit & Milk	Yorkshire Fat Rascal Fresh Fruit & Milk	Biscuit Fresh Fruit & Milk	Cheese Straws Fresh Fruit & Milk	Biscuit Fresh Fruit & Milk
Late Snack 3.30pm	Crackers & Cheese Vegetable Sticks Fresh Fruit & Milk	Freshly made Sandwiches Fresh Fruit & Milk	Toasted Muffins & assorted toppings Fresh Fruit & Milk	Spaghetti Hoops on Toast Fresh Fruit & Milk	Freshly made Sandwiches Fresh Fruit & Milk	Pitta Pockets & Assorted Fillings Fresh Fruit & Milk	Freshly made Sandwiches Fresh Fruit & Milk



Fresh water is freely available throughout the day. Bread and butter is offered as an alternative with all meals.